

# OSHA 10 Hour Construction Safety & OSHA 10 Hour General Industry

This **OSHA 10 Hour Construction Safety Online** course is intended to provide workers without supervisory responsibility workers with information about their rights, employer responsibilities, and how to file a complaint, as well as how to identify, abate, avoid, and prevent job-related hazards on a construction site.

The training covers a variety of construction safety and health hazards a worker may encounter at a construction site, emphasizing hazard identification, avoidance, control, and prevention, rather than OSHA standards.

Employers who have trained their workers with the OSHA Outreach Program for Construction have seen reductions of up to 66% in lost-time injuries.

Through this training, OSHA helps ensure workers are more knowledgeable about workplace hazards and contribute to our nation's productivity.

**OSHA 10 Hour General Industry Online** course is intended to provide general industry workers without supervisory responsibility with information about their rights, employer responsibilities, and how to file a complaint with OSHA, as well as how to identify, abate, avoid, and prevent job related hazards on a job site.

This course covers a variety of general industry safety and health hazards that a worker may encounter. The training emphasizes hazard identification, avoidance, control, and prevention, rather than OSHA standards.

Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and contribute to our nation's productivity.

## How Long Is This Training?

This training will take a minimum of 8 hours to complete. Our standard 1-day delivery format is one 10-hour day.

## Is This Course Certified?

This training is designed for you to bring the training in-house so for you to issue a certificate in accordance with OSHA-Authorized Online Outreach Training, the in-house trainer needs to become a certified trainer.# 500, 501

#500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry

#501 Trainer Course in Occupational Safety and Health Standards for General Industry



## What Topics Does This Training Cover?

The 10 Hour Construction and General Industry classroom course will cover the following topics:

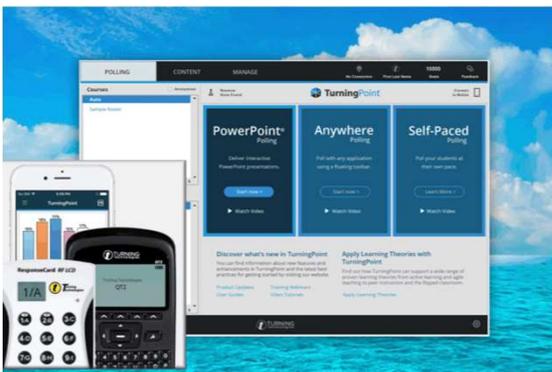
### Construction

Introduction to OSHA  
Cranes  
Excavations  
Health Hazards in Construction  
Materials Handling  
PPE  
Scaffolds  
Stairs and Ladders  
Tools-Hand and Power

### General Industry

Introduction to OSHA

Blood borne Pathogens  
Electrical  
Introduction to Ergonomics  
Exits, Emergency Action & Fire  
Fall Protection  
HAZCOM  
Hazardous Materials  
Industrial Hygiene  
Machine Guarding  
Material Handling  
PPE  
Safety & Health Programs  
Walking and Working Surfaces



## TurningPoint Assessment Tool Enabled

TurningPoint is an easy-to-use live polling system with the option to choose between a desktop or web platform. TurningPoint boasts a native PowerPoint integration and enables polling on-the-fly and the delivery of self-paced assessments. TurningPoint polling software allows learners to participate in real time using a keypad or their own mobile, tablet or computer. Our audience response system provides a variety of interactive polling options to meet the unique needs of each and every environment. Package includes 10 polling devices, receiver, TurningPoint desktop software download and a 1 YR subscription to TurningPoint Polling Anywhere